

Buses run to and from Fords Main Works in accordance with traffic requirements.

★Additional buses: combined service interval, Rainham War Memorial to Barking until about 1830 6-12 mins., Barking to Barking Garage 4-9 mins., Barking Garage to Becontree Heath until about 1830 4-6 mins., Becontree Heath to Harold Hill until about 1830 8-12 mins.

142

Rainham Abbey Wood Lane.....	09	29						2209		2229				2309		2329		2349		
Rainham White Post Corner..	↓	↓	49					↓		↓			2250			↓		↓		
Rainham Lake Avenue.....	12	32	51					2212		2232			2252			2312		2332		2352
Rainham War Memorial....	18	38	57	U				2218		2238			2258			2318		2338		2358
Dagenham Chequers.....	A36	27	A51	47	A06	06	N	2206	A22	21	A22	236	2227	A22	247	A23	06	A23	36	2327
Barking Garage.....	40	45	55	05	10	24	T	2224	2225	2240	2245	2255	2305	2310	2325	2340	2340	2345	2352	0005
Becontree H'th Merry Fiddlers ★	52	07	22				I	2227	2237	2252		2307	2322		↑2344			↑0006		↑0030
Romford Station.....	03	18	33				L	2248	2303			2318	2333							
Gidea Park Plough.....	14	29	44					2259	2314			2329	2344							
Harold Hill Goosha's Drive	21	36	51					2306	2321			2336	2351							

Additional journeys: MONDAYS to FRIDAYS Dagenham Fords Main Works to Barking Garage at 2030, 2051 and 2130.

★Additional buses: combined service interval, Rainham War Memorial to Romford 6-10 mins., Romford to Harold Hill between about 0930 and 1830 8-12 mins.

Rainham Abbey Wood Lane.....	1052	1116	1128	1140	1152	1216	1228	1241	1253	1317	1329	1341	1405	1417	1442
Rainham White Post Corner..	1105	1105	1118	1131	1143	1155	1205	1218	1231	1244	1256	1306	1320	1332	1344	1354	1408	1420	1430	1445

Rainham Abbey Wood Lane.....	0739	0739	0818	0837	0857	0904	0915	0927	0939	0951	1004	1015	1028	1040
Rainham White Post Corner...	0742	0802	0820	0840	0900	0906	0918	0930	0942	0954	1006	1018	1031	1043
Rainham Lake Avenue.....	0747	0807	0825	0845	0906	0912	0918	0924	0936	0948	1000	1012	1024	1037
Rainham War Memorial.....	0746	0806	0816	0834	0854	0903	0915	0921	0927	0933	0945	0957	1009	1021
Dagenham Chequers.....	0804	0814	0824	0834	0847	0852	0859	0910	0912	0922	0934	0940	0946	0952
Barking Garage.....	0817	0827	0837	0847	0900	0905	0912	0923	0925	0935	0947	0953	0959	1005
Becontree H'th Merry Fiddlers	0827	0837	0847	0857	0911	0923	0923	0934	0943	0946	0958	1011	1010	1023
Romford Station.....	0838	0848	0858	0908	0922	0934	0945	0957	1009	1021	1033	1045	1057	1109
Gidea Park Plough.....	0845	0855	0905	0916	0930	0942	0953	1005	1017	1029	1041	1053	1105	1117
Harold Hill Gooshays Drive	0845	0855	0905	0916	0930	0942	0953	1005	1017	1029	1041	1053	1105	1117
Rainham Abbey Wood Lane.....	1052	1105	1116	1128	1140	1152	1205	1216	1228	1241	1253	1306	1317	1329
Rainham White Post Corner...	1055	1107	1119	1131	1143	1155	1207	1219	1231	1244	1256	1308	1320	1332
Rainham Lake Avenue.....	1101	1113	1125	1137	1149	1201	1213	1225	1237	1250	1302	1314	1326	1338
Rainham War Memorial.....	1110	1122	1134	1146	1158	1210	1222	1234	1246	1259	1311	1323	1335	1347
Dagenham Chequers.....	1129	1141	1153	1205	1217	1229	1241	1253	1305	1318	1330	1342	1354	1406
Barking Garage.....	1142	1154	1206	1218	1230	1242	1254	1306	1318	1331	1343	1355	1407	1419
Becontree H'th Merry Fiddlers	1200	1212	1224	1236	1248	1300	1305	1317	1336	1342	1401	1406	1425	1430
Romford Station.....	1212	1224	1236	1248	1260	1312	1317	1329	1348	1354	1413	1418	1437	1442
Gidea Park Plough.....	1212	1224	1236	1248	1260	1312	1317	1329	1348	1354	1413	1418	1437	1442
Harold Hill Gooshays Drive	1212	1224	1236	1248	1260	1312	1317	1329	1348	1354	1413	1418	1437	1442
Rainham Abbey Wood Lane.....	1454	1506	1518	1531	1542	1554	1606	1618	1631	1643	1655	1707	1719	1732
Rainham White Post Corner...	1457	1509	1521	1533	1545	1557	1609	1621	1633	1646	1658	1710	1722	1734
Rainham Lake Avenue.....	1503	1515	1527	1539	1551	1603	1615	1627	1639	1652	1704	1716	1728	1740
Rainham War Memorial.....	1512	1524	1536	1548	1600	1612	1624	1636	1648	1701	1713	1725	1737	1749
Dagenham Chequers.....	1531	1543	1555	1607	1619	1631	1643	1655	1707	1720	1732	1744	1756	1808
Barking Garage.....	1544	1556	1608	1620	1632	1644	1656	1708	1720	1733	1745	1757	1809	1821
Becontree H'th Merry Fiddlers	1602	1614	1626	1638	1650	1702	1714	1726	1738	1751	1803	1815	1827	1839
Romford Station.....	1614	1626	1638	1650	1702	1714	1726	1738	1751	1803	1815	1827	1839	1851
Gidea Park Plough.....	1614	1626	1638	1650	1702	1714	1726	1738	1751	1803	1815	1827	1839	1851
Harold Hill Gooshays Drive	1614	1626	1638	1650	1702	1714	1726	1738	1751	1803	1815	1827	1839	1851
Rainham Abbey Wood Lane.....	1858	1919	1940	1959	2019	2040	2059	2119	2140	2159	2219	2240	2259	2319
Rainham White Post Corner...	1901	1922	1942	2002	2022	2042	2102	2122	2142	2202	2222	2242	2262	2282
Rainham Lake Avenue.....	1907	1917	1927	1937	1947	1957	2007	2017	2027	2037	2047	2057	2107	2117
Rainham War Memorial.....	1916	1926	1936	1946	1956	2006	2016	2026	2036	2046	2056	2106	2116	2126
Dagenham Chequers.....	1934	1944	1954	2004	2014	2024	2034	2044	2054	2104	2114	2124	2134	2144
Barking Garage.....	1947	1957	2007	2017	2027	2037	2047	2057	2107	2117	2127	2137	2147	2157
Becontree H'th Merry Fiddlers	2005	2015	2025	2035	2045	2055	2105	2115	2125	2135	2145	2155	2205	2215
Romford Station.....	2018	2028	2038	2048	2058	2108	2118	2128	2138	2148	2158	2208	2218	2228
Gidea Park Plough.....	2025	2035	2045	2055	2105	2115	2125	2135	2145	2155	2205	2215	2225	2235
Harold Hill Gooshays Drive	2025	2035	2045	2055	2105	2115	2125	2135	2145	2155	2205	2215	2225	2235
Rainham Abbey Wood Lane.....	2239	2300	2325	2349	2373	2397	2421	2445	2469	2493	2517	2541	2565	2589
Rainham White Post Corner...	2242	2302	2327	2351	2375	2399	2423	2447	2471	2495	2519	2543	2567	2591
Rainham Lake Avenue.....	2247	2307	2332	2356	2380	2404	2428	2452	2476	2500	2524	2548	2572	2596
Rainham War Memorial.....	2246	2306	2331	2355	2379	2403	2427	2451	2475	2499	2523	2547	2571	2595
Dagenham Chequers.....	2304	2314	2324	2334	2344	2353	2400	0010	0019	0024	0033	0042	0051	0060
Barking Garage.....	2317	2327	2337	2347	2357	2406	0016	0025	0034	0043	0052	0061	0070	0079
Becontree H'th Merry Fiddlers	2327	2337	2347	2357	2407	0017	0026	0035	0044	0053	0062	0071	0080	0089
Romford Station.....	2338	2348	2358	2408	0018	0027	0036	0045	0054	0063	0072	0081	0090	0099
Gidea Park Plough.....	2345	2355	2405	0015	0024	0033	0042	0051	0060	0069	0078	0087	0096	0105
Harold Hill Gooshays Drive	2345	2355	2405	0015	0024	0033	0042	0051	0060	0069	0078	0087	0096	0105

Sundays (also Easter, Spring & Summer Bank Holidays)

Rainham Abbey Wood Lane.....	0849	0919	0949	1015	1042	1108	1135	1201	1228	1294	1321	1387	1414	1480
Rainham Lake Avenue.....	0852	0922	0952	1018	1045	1111	1138	1204	1231	1297	1324	1390	1417	1483
Rainham War Memorial.....	0857	0927	0957	1023	1050	1116	1143	1209	1236	1302	1329	1395	1422	1488
Dagenham Chequers.....	0849	0906	0945	1005	1006	1025	1046	1032	1059	1126	1153	1219	1246	1312
Barking Garage.....	0907	0924	0949	1009	1024	1029	1050	1050	1110	1130	1143	1203	1230	1296
Becontree Heath Merry Fid.	0937	0947	1002	1022	1042	1103	1123	1123	1143	1203	1230	1296	1323	1389
Romford Station.....	0947	1012	1032	1052	1113	1133	1153	1153	1213	1233	1253	1313	1340	1406
Gidea Park Plough.....	0957	1022	1042	1102	1123	1143	1203	1203	1223	1243	1263	1323	1350	1416
Harold H. Dagnam Pk. Dr.	1012	1032	1052	1112	1132	1152	1212	1212	1232	1252	1272	1332	1359	1425
Rainham Abbey Wood Lane.....	1135	1202	1229	1255	1322	1349	1416	1442	1509	1536	1602	1629	1695	1722
Rainham Lake Avenue.....	1138	1205	1232	1258	1325	1352	1419	1445	1512	1539	1605	1632	1698	1725
Rainham War Memorial.....	1143	1210	1237	1303	1330	1357	1424	1450	1517	1544	1610	1637	1703	1730
Dagenham Chequers.....	1152	1219	1246	1312	1339	1366	1432	1459	1525	1552	1618	1645	1711	1738
Barking Garage.....	1210	1211	1231	1304	1331	1357	1424	1451	1517	1544	1610	1637	1703	1730
Becontree Heath Merry Fid.	1224	1244	1304	1324	1345	1406	1427	1487	1517	1537	1597	1617	1677	1707
Romford Station.....	1234	1254	1314	1334	1355	1416	1437	1457	1517	1537	1597	1617	1677	1707
Gidea Park Plough.....	1244	1304	1324	1344	1405	1426	1447	1507	1527	1547	1607	1627	1687	1717
Harold H. Dagnam Pk. Dr.	1259	1319	1339	1359	1420	1441	1502	1522	1542	1602	1622	1682	1702	1762
Rainham Abbey Wood Lane.....	1603	1629	1656	1723	1750	1816	1843	1910	1937	2003	2030	2096	2123	2190
Rainham Lake Avenue.....	1606	1632	1659	1726	1753	1819	1846	1913	1940	2006	2033	2099	2126	2193
Rainham War Memorial.....	1611	1637	1704	1731	1758	1824	1851	1918	1945	2011	2038	2104	2131	2198
Dagenham Chequers.....	1611	1632	1650	1713	1733	1753	1807	1833	1854	1914	1935	1995	2022	2089
Barking Garage.....	1615	1636	1654	1712	1737	1757	1815	1837	1851	1911	1931	1991	2018	2085
Becontree Heath Merry Fid.	1628	1649	1707	1725	1750	1810	1828	1830	1850	1911	1931	1991	2018	2085
Romford Station.....	1638	1659	1717	1741	1800	1820	1844	1840	1900	1921	1941	2001	2028	2095
Gidea Park Plough.....	1648	1709	1727	1749	1810	1830	1850	1910	1931	1951	2011	2071	2098	2165
Harold H. Dagnam Pk. Dr.	1703	1724	1744	1804	1825	1845	1905	1925	1946	2006	2026	2086	2113	2180
Rainham Abbey Wood Lane.....	1937	2003	2030	2057	2124	2150	2217	2244	2311	2338	2404	2431	2497	2524
Rainham Lake Avenue.....	1940	2006	2033	2100	2127	2153	2220	2247	2314	2341	2407	2434	2500	2527
Rainham War Memorial.....	1945	2011	2038	2105	2132	2158	2225	2252	2319	2346	2412	2439	2505	2532
Dagenham Chequers.....	1956	2016	2036	2057	2118	2138	2158	2218	2238	2298	2325	2385	2412	2479
Barking Garage.....	2000	2012	2038	2101	2122	2142	2159	2202	2222	2282	2309	2369	2396	2463
Becontree Heath Merry Fid.	2013	2033	2053	2114	2135	2155	2215	2235	2255	2315	2335	2395	2422	2489
Romford Station.....	2023	2043	2103	2124	2145	2205	2225	2245	2305	2325	2385	2412	2479	2506
Gidea Park Plough.....	2023	2053	2113	2134	2155	2215	2235	2255	2315	2335	2395	2422	2489	2516
Harold H. Dagnam Pk. Dr.	2048	2108	2128	2149	2210	2230	2250	2310	2330	2390	2417	2477	2504	2571

★ Additional buses: combined service interval, Harold Hill to Becontree Heath until about 1830 8–12 mins., Becontree Heath to Barking Garage until about 1830 4–6 mins., Barking Garage to Barking 4–9 mins., Barking to Rainham War Memorial until about 1830 6–12 mins.

Additional journeys: MONDAYS to FRIDAYS Barking Garage to Dagenham Fords Main Works at 2101.

★Additional buses: combined service interval, Harold Hill to Romford between about 0930 and 1830 8-12 mins., Romford to Rainham War Memorial 6-10 mins.

[illegible]

Sundays (also Easter, Spring & Summer Bank Holidays)

A—Time at Barking London Road.
C—Time at Harold Hill Gooshays Drive.
†—Time at Becontree Heath Bus Station.
§—Time at Dagenham Fords Main Works.
‡—Time at Romford North Street Garage.